



My Emotions

Little Stories for Little Hearts

Marija Jelić

*For Lina and Vasilije,
who teach me every day what it means to truly feel.*

My Emotions: Little Stories for Little Hearts

© 2026 Marija Jelić

ISBN 9798235129290

All rights reserved.

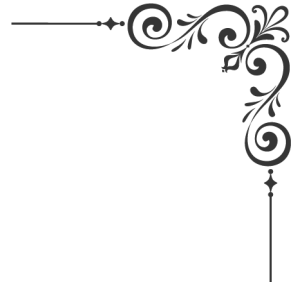
No part of this book may be reproduced without
the written permission of the author.

Characters and events are fictional.

First edition, 2026.

For the family.

Without you, none of these words would make sense.

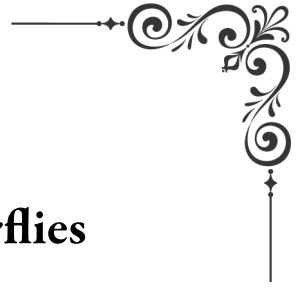


Contents



- T**he Happy Butterflies — *About happiness*
Zeke Rabbit's Rainy Day — *About sadness*
The Owl Who Was Afraid of the Dark — *About fear*
The Lion Who Lost His Calm — *About anger*
The Squirrel and the Big Tomorrow — *About excitement*
The Tortoise on the Big Rock — *About loneliness*
The Hedgehog Who Learned to Swim — *About pride*
The Parrot Who Wanted Eagle's Wings — *About jealousy*
The Ant at the Crossroads — *About confusion*
The Bear and the Rain on Party Day — *About disappointment*
The Fox and the Old Apple Tree — *About gratitude*
The Caterpillar Who Didn't Know — *About insecurity*





The Happy Butterflies

About happiness

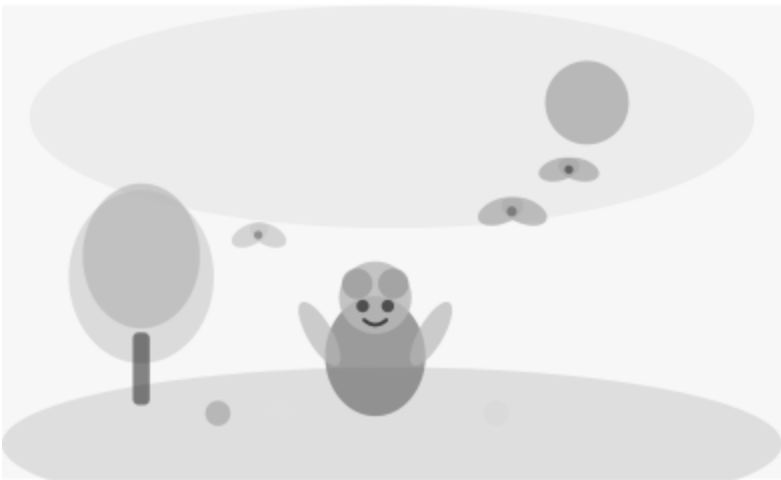
Little bear Buba lived in a forest by the river. One morning he woke up earlier than usual and stepped outside.

The grass was wet with dew. The sun was just beginning to rise. And then — one butterfly, then another, then a whole flock of golden butterflies landed around him.

Buba froze. His heart leapt. He couldn't stop himself — he began spinning in circles, laughing, waving his arms.

"Mom, I can't explain it!" said Buba. "It just feels like... this inside!"

Mom smiled. "That's happiness, Buba. When something beautiful touches your heart and you simply can't hold it in."



◆ ◆ ◆

◆ *Happiness doesn't have to be a big thing. Sometimes one butterfly at the right moment is enough.* ◆

◆ *When did you last feel like that inside? What happened?*

